

# TEENAGE CANCER ACTION WEEK

28 SEPTEMBER - 4 OCTOBER 2015

# TAKE ACTION!

## LEARN:

The five most common signs of cancer in young people aged 13 to 24 years are unexplained and persistent:

- »» Pain
- »» Lump, bump or swelling
- »» Significant weight loss
- »» Extreme tiredness
- »» Changes in a mole

## SHARE ONLINE

[www.teenagecancertrust.org/actionweek](http://www.teenagecancertrust.org/actionweek)

 [www.facebook.com/TeenageCancerTrust](https://www.facebook.com/TeenageCancerTrust)

 Twitter: @teenagecancer

 Instagram: @teenage\_cancer

 [www.youtube.com/teenagecancertrust](http://www.youtube.com/teenagecancertrust)



## SIGN UP YOUR SCHOOL!

Ask local schools to teach  
the five signs.

Find out how at

[www.teenagecancertrust.org](http://www.teenagecancertrust.org)

## SEE YOUR GP IF YOU ARE WORRIED.

TEENAGE  
CANCER  
TRUST



# TAKE ACTION!

## Take this leaflet into your local school.

Dear Teacher,

Please support Teenage Cancer Action Week by speaking to young people about cancer. Download our simple teaching pack at [www.teenagecancertrust.org/actionweek](http://www.teenagecancertrust.org/actionweek)

- You could use our **PowerPoint** presentation in an assembly to raise awareness with a year group.
- You could use our **Education pack** with a class or tutor group to get them talking about cancer and using the case studies to kick start those discussions.
- You could download our **posters** and put them up around school to encourage students to find out more.

Thank you

Signed .....

Name .....

